

Medical Needs or Disabilities

If you or someone in your household uses special medical equipment, make sure to have:

- Back-up batteries or power supply
- Prescription medication
- Extra eyeglasses, hearing aids and batteries, walkers, canes, etc.
- Teach others how to use your equipment

Maintaining Your Kit

- Keep your supplies together in one location. Put them into a plastic bin that can be sealed to prevent moisture or pests from getting in.
- Twice a year, make sure that nothing has expired and that you have the proper seasonal supplies and clothing in your kit. A good time to do this is when it's time to change the clocks for daylight savings time.
- Store your supplies in a central location and make sure that your family and other trusted people know where to locate your supplies.

For More Information Visit:

El Dorado County Emergency Preparedness and Response

Find Us On Social Media:

EDCPreparedness



Ready.gov

www.ready.gov/build-a-kit

Centers for Disease Control and Prevention

www.emergency.cdc.gov/preparedness



Emergency Preparedness and Response is a program of El Dorado County

El Dorado County

Emergency Preparedness and Response

2900 Fair Lane Court

Placerville, CA

September 2020

What's In Your Kit?



Tips to develop and maintain your Emergency Kit

**El Dorado County
Emergency Preparedness
& Response**

The Basics

Making a kit can seem overwhelming. Yet, most of these items you may already have in your home. Include the basic necessities you and your household may need for a least 72-hours. Keep them in easy to carry containers.

- Non-perishable food and water for 3 days for your family and pets
- First aid kit; prescriptions; and other medical supplies you need—including assistive devices
- Important papers (i.e. insurance policies, birth certificates, medical information, deeds, bank information, etc.)
- Flashlight and extra batteries
- Manual can opener
- Battery-operated radio
- Hygiene supplies (toilet paper, feminine products, cleaning and disinfectant supplies that you can use on the go (tissues, hand sanitizer with at least 60% alcohol and disinfection wipes). Cloth face coverings. Toothbrush, etc.
- Cash
- Extra clothes and shoes for each person



Make a Kit



At Work

You may not be at home when an emergency occurs.

- Flashlight with extra batteries
- Battery-powered radio
- Enough nonperishable food and water for 1 day
- First aid kit and prescription drugs
- Complete change of clothing and shoes
- Personal hygiene items
- Family emergency contact information



Have a Plan

In Your Car

- Flashlight with extra batteries
- First aid kit and blanket
- Bottled water and nonperishable foods, like granola bars
- Extra shoes and clothing
- Leather work gloves

Infants & Children

- Infant formula and baby food
- Diapers and wipes
- Weather-appropriate clothing
- Extra blanket
- Security item (i.e. stuffed animal)
- A few toys or games

Pets & Other Animals

- Pet food, water and bowls
- Leash, collar, harness, ID tags
- Pet carrier
- Vaccine records
- Trailers for larger animals



Be Informed